

INDUCTION TRAINING WAIVER

This Club recognises the importance of every new member undergoing our induction training. This is carefully designed to ensure that the individual is made aware of the facilities and equipment on offer and in particular is given advice in the safe use of our facilities and equipment.

We strongly recommend each new member to undergo our induction training. It is hereby noted that notwithstanding our clear advice, you have stated that you are an experienced gym user and have expressed your unwillingness to undertake induction training.

In these circumstances the Club will allow you to use the facilities, provided that you seek advice from a member of staff if you are in any way unfamiliar with a particular piece of equipment or type of exercise.

It is therefore formally noted that you have opted out of induction training and will undertake to consult staff on an ongoing basis in relation to the safe use of our facilities and equipment

Signed for and on behalf of XYZ Health Club Ltd

Date

Signed by

Date